

CAPOEIRA KARKARÁ SUMMER CAMP 2026

Parent Guide

June 1–19, 2026

Welcome to another summer with our Capoeira Karkará family!

We're so excited to spend these three weeks moving, creating, learning, connecting, and making memories together. Our summer camp continues to center around the things we value most: movement, creativity, culture, confidence, friendship, and FUN.

Along with daily capoeira training, games, outdoor adventures, and community-building activities, campers will also enjoy:

- **Weekly Talent Shows**
- **Stunts & Skills with Ms. Aloni** — a professional cheerleading coach and capoeira student
- **Canvas Painting & Art with Ms. Desi** — a beloved camp tradition and favorite part of our community
- **Nutrition Education & Healthy Snack Making with Ms. Regina** — back by popular demand after the kids loved it so much last year!

Our goal is not simply to keep kids busy, but to create meaningful experiences where campers can move, create, build confidence, connect with others, and enjoy being part of a positive community environment.

CAMP HOURS

Camp Hours

9:00 AM – 4:00 PM

Extended Care

8:00 AM – 5:00 PM

Extended care fees:

- \$20/week for A.M. or P.M. care, \$40/week for both

If your child is dropped off before 8:50 AM or picked up after 4:10 PM, the extended care fee will apply.

DROP OFF & PICK UP

Parents, guardians, or previously approved authorized pick-up persons **MUST** come in and sign campers in and out each day.

Please use the back door near JC Penny and look for our blue sign.

Please notify us ahead of time if someone new will be picking up your child.

DAILY CLASSES & ACTIVITIES

Each day campers will participate in specialty training, field trips or in-house workshops, creative activities, games, and community-building experiences.

Daily training may include:

- capoeira movement & roda
- music & instruments
- acro
- kickboxing
- dance

In addition to daily training, campers will also enjoy special in-house workshops throughout the week including:

- **Stunts & Skills with Ms. Aloni**
- **Canvas Painting & Art with Ms. Desi**
- **Nutrition Education & Healthy Snack Making with Ms. Regina**

Afternoons may also include:

- group games & challenges
 - crafts
 - talent show practice
 - open gym
 - creative clubs
-

WHAT TO BRING DAILY

Please send your camper with:

- Lunch
- 2 snacks
- Refillable water bottle

- Camp shirt
- Comfortable athletic clothing
- Capoeira uniform (only if attending evening classes)

Please avoid foods that require refrigeration or heating.

We encourage families to pack wholesome, nourishing foods that help campers feel and perform their best throughout the day.

Please LABEL all personal belongings.

WHAT TO WEAR

Campers should wear:

- Camp shirt
- Comfortable shorts or leggings
- Shoes appropriate for active play

On water activity days, campers should arrive wearing their bathing suit underneath their camp clothes and bring:

- towel
- sunscreen
- change of clothes

For Calypso Bay Water Park:

- Extra shirt required for trip - camp shirts must be worn in the water
-

PHONES & TABLETS

All phones and tablets brought to camp will be stored at the front desk during camp hours.

We encourage campers to maximize their time together by engaging socially, creatively, and actively — not through screens.

You may always contact us if you need to reach your child during the day.

FIELD TRIPS & SPECIAL ACTIVITIES

Please review the Summer Camp Calendar for:

- field trips
- workshops
- water days
- movie days
- talent show dates
- special activities

Additional reminders and important updates will be sent through email and text throughout camp.

TALENT SHOWS

One of the things we're most excited about this year is incorporating weekly talent shows throughout camp!

Talent shows will take place at 3:30 PM on the days listed on the calendar and are open to any family members who would like to come watch what we've been up to all week.

We love giving campers opportunities to:

- express themselves creatively
 - build confidence
 - support one another
 - have fun together as a community
-

HEALTH & SAFETY

Sick Policy

Please do not bring your child to camp with:

- fever
- vomiting
- diarrhea
- or other signs of illness

If your child becomes sick during camp, you will be contacted for immediate pickup.

Lice Prevention

Please help us minimize the spread of lice by:

- encouraging long hair to be tied back
 - sending extra hair ties if needed
 - reminding children not to share brushes, hats, headsets, or hair accessories
-

CAMP EXPECTATIONS

Our number one rule is RESPECT.

This includes:

- respect for self
- respect for others
- respect for instructors
- respect for the space we train in
- respect for the art of capoeira

Campers are expected to:

- follow safety guidelines
- participate positively
- cooperate with staff
- contribute to a caring and supportive environment

We reserve the right to dismiss a camper if behavior becomes consistently disruptive or unsafe. No refunds will be issued in the event of dismissal.

PAYMENT & CANCELLATION POLICY

Camp tuition deposits and registration fees are non-refundable.

If you voluntarily withdraw from camp:

- A partial refund of remaining camp balance may be issued only if withdrawal occurs at least 2 weeks prior to camp start date.
- No refunds will be issued within 2 weeks of camp start.
- Any remaining scheduled payments will still be processed according to your registration agreement.

Facility, staffing, and camp expenses are planned in advance around enrollment numbers.

LATE PICKUP POLICY

Please arrive on time for pickup.

A grace period is provided; however:

- pickups after 5:15 PM will incur a late fee
 - additional fees may apply for continued late pickup
-

CONTACTING US

Studio Phone

(561) 737-3425

Text

(561) 228-8625

Email

info@capokusa.com

Thank you for trusting us with your precious children.

We truly love creating these experiences and are grateful to spend another summer growing, learning, laughing, and making memories together with our Capoeira Karkará family.

With gratitude,

Prof. Sara, Mestre Betinho & the Capoeira Karkará Team