



# Karkara Kids Capoeira Summer Camp 2023

## *Information for Parents*

We are so grateful to be able to spend quality time together again this summer and have tons of capoeira family fun! Capoeira is the cornerstone of our programming. Your child will learn martial arts techniques, music - instruments and singing in Portuguese - acrobatics & tumbling, and dance. They will explore their surroundings and have fun adventures during our field trips and enjoy outdoor play at our local parks and pools. Aside from all the physical activity and exciting trips, our kids will have daily opportunities to engage with others and connect socially and creatively in activities that interest them. The skills they will develop will help the campers to grow not only as capoeiristas, but as young members of our community.

### **Please review all of the following information**

The Capoeira Karkara Kids Campers are expected to:

- Follow all safety guidelines, Policies and Procedures.
- Be ready to participate in all activities.
- Be a caring and cooperative member of the Capoeira Karkara family

**OUR INSTRUCTORS:** The camp is directed by Mestre Betinho and Professora Sara Conceicao. They have been teaching capoeira to children locally since 2006 and share their passion for capoeira, fun and fitness with their students in the academy on a daily basis. They have a combined experience of around 50 years in capoeira. Mestre Sara holds a Master's Degree in Education and is a certified Kids Yoga Instructor. Other qualified counselors and professionals training under Mestre Betinho will assist in teaching during Summer camp. All staff are background checked and CPR certified.

**CAMP TIMES:** Camp times are from 9:00 am – 4:00 pm. Early drop off begins at 8:00 am and late pick-up as late as 5:00 pm. Drop off/pick up will happen through the back door labeled "14" located in between Macy's and JCPenney. They may stay to participate in evening classes if they are enrolled; please pack the uniform and cord if your child will be staying to participate.

***You must register in advance for extended care in the morning (8:00-9:00 am) and/or afternoon (4:00-5:00 pm) for \$20 extra weekly each (\$40 extra weekly for both).***

***If you drop your child off earlier than 8:50 am, or arrive to pick up after 4:10 pm, you will be charged the weekly fee for extended hours.***

For extended hours, you may send to camp with your child items such as books and other games to keep them entertained. You may also pack extra snacks. ***We do not allow children to use phones or tablets during camp hours!*** We encourage them to maximize their time with us by engaging socially, not with their screens!



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<u>Sessions</u>	<u>Dates</u>
1	June 5 - June 9
2	June 12 - June 16
3	June 19 - June 23
4	June 26 - June 30

**PAYMENT AND REFUND POLICY:** If you have selected the tuition deposit payment option, your remaining weekly tuition balance will be automatically charged to your account on file on the Friday before the week that your child/ren is attending. Please inquire at the front desk if you would like to review your payment schedule.

**The registration fee and tuition deposit are non-refundable.** If you voluntarily withdraw from camp, and you have paid in full or have authorized us to charge your bank account or card for your payment, your money will be refunded in the following manner: A 30% refund will be given if you withdraw up to 2 weeks prior to the camp. Any charges not applied to your account will be billed less the 30% as scheduled. Any cancellations within 2 weeks of camp start date will be given no refunds and all bills not resolved will be billed in full.

**Facility, Staff, & Camp expenses are planned ahead of time and around the number of participants.** In the event of inclement weather, camp may be canceled and no refunds will be given. We will contact you to let you know in advance if we will be closed for camp due to weather conditions.

**Declined Payments:** There is a **\$15.00 charge** for all declined payments that will automatically be charged to your account on file.

**Late Pick Up Fees:** IF YOUR CHILD IS ENROLLED FOR EXTENDED P.M. HOURS - Please arrive no later than 5:00 pm. unless your child will be participating in the evening training session (must send in uniform). We understand that there will sometimes be unavoidable delays, so we are giving you *an extra 14 minutes* to arrive without being charged. If any time you pick up your child on or after **5:15 pm**, you will be charged **\$15**. For every 15 extra minutes that you are late there will be a charge of an **extra \$10**. All charges will be automatically processed using your credit card or bank account on file.

**ATTIRE:** Your child **MUST** wear the camp shirt each day to camp (no regular capoeira shirt). Extra shirts may be available for \$15. Comfortable shorts or leggings can be worn. No skirts please as we keep them very active throughout the day. Shoes appropriate for outdoor playground play must be worn each day. On pool/water park days all children need to arrive to camp **ALREADY WEARING THEIR BATHING SUIT** underneath their camp clothes. Please apply sunscreen at home each morning before camp. Please let us know if you would **NOT** like for us to use our sunscreen on your child during field trips. ***WE APPRECIATE DONATIONS OF SUNSCREEN TO USE ON THE CHILDREN THROUGHOUT THE SUMMER!***



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***If your child arrives at camp without the appropriate camp shirt, we will give your child a new shirt and charge your account \$15.***

**CAMPERS MUST BRING DAILY:** Lunch (include ice packs as they will not be refrigerated), 2 snacks, water bottle, bathing suit and towel. We will notify you of anything else that is needed for specific field trips.

Capoeira uniform and cord are only required for those participating in the evening classes.

\*Please pack healthy foods. Fueling our children with nutrition-filled wholesome foods (avoiding too much sugar and artificially processed ingredients) will help your child feel and perform their best.\*

What NOT to bring: Any items that may be construed as weapons are forbidden anywhere in the academy. We appreciate donations of used, but in good condition, toys, games and/or art supplies that the kids can use together at camp. We do not allow toys from home that the child is not ok with sharing or the possibility of it getting lost. PLEASE NO ELECTRONICS! If your child brings a phone they will not be allowed to use them during camp hours. You may call the academy or send a WhatsApp at any time to reach your child.

**FIELD TRIPS:** Please review the Field Trip Calendar on the website & read all correspondence from CKCAC to be prepared for specific requirements (attire, timing, etc) that may vary depending on the trip.

All children are expected to behave properly and listen to their counselors while traveling. **Departure and arrival times will vary for each trip.** Call the academy for pertinent times. When traveling, the staff-to-camper ratios are consistent with those while at the academy. When deemed necessary, additional staff and/or parent volunteers will be added to the supervision ratios.

**YOU MUST SIGN A WAIVER ONLINE** in advance of our field trip to Adrenaline Entertainment Center on 6/14 or your child will not be able to jump. <https://jumpadrenaline.com/lake-worth/waiver>

**DISCIPLINE:** Our number one rule is RESPECT. This includes self-respect, respect for fellow students, respect for instructors, and respect for the space we train in. Parents are expected to help implement this rule with their participating children. Parents will be informed if their child's behavior is disruptive and will be expected to work cooperatively with the CKCAC staff to correct the behavior. CKCAC reserves the right to dismiss a child from the program when behavior problems continue to disrupt the program and/or the camper is not able to positively function within our group size and counselor-to-camper ratio. There is no refund for a child who is asked to leave camp.



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**HEALTH:** Any **limitation in the ability to participate** due to a medical **condition must be noted** on the Registration Form. Failure to identify any health condition will result in CKCAC treating the student as if he/she has no existing health condition.

If your child has any food allergies or unusual dietary needs, please make sure that is clearly stated on your registration forms.

**SICK POLICY:** No child is to be brought to camp in the morning with any of the following symptoms: fever, diarrhea, vomiting, or other abnormal behavior. If in doubt about your child, please keep your child at home. If your child exhibits any of these symptoms during camp, you will be called to come pick up your child as soon as possible. Please alert the office if your child develops a communicable disease or virus so that we can notify the other families.

**LICE:** Please help us prevent the spread of head lice as much as possible by ensuring the following:  
If your child has medium-long hair tell them to tie it up and make sure to send them with extra hair ties. Teach children not to share combs, brushes, hair accessories, hats, headsets, or any other personal headgear. Conduct regular checks of your child. If you find lice or nits on your child, please remove them completely before returning to camp.

**CONTACTING US:** You may call the studio at (561) 737-3425. Please download WhatsApp on your phone to be able to send text or audio messages throughout the day to our studio phone number while we are out on trips. You may also email [info@capokusa.com](mailto:info@capokusa.com).

***Thank you for your trust in us. We promise to give our 110% to make sure your child is getting the most out of summer break!***